

## Solar Route

PontedeLima

## Solar Route

The Manor Route is a footpath called the short route. The respective markings and signs conform to international standards. The course is mainly within the Protected Area (PA) of influence of the Bertiaundos and St. Pedro de Arcos ponds, allowing for a better understanding of its natural value, with obligatory passage through Bertiaundos Manor.



The route starts near Esteiro Bridge, built during the XVI or XVII centuries and leads to the ruins of an old mill. Turn right to cross the urban area of Bertiaundos parish. Along the way you will find the parish church and several religious elements, such as a cross from the XVIII century belonging to the Stations of the Cross. Follow the directions until the end of a path covered by a thicket, turn left at the edge of the National Road (EN) 202, to position yourself in front of the Bertiaundos Manor gate. Founded in the XV century it is an ex-libris of the north of the country, not only because it has a tower built in 1566 by Inês Pinto, widow of the second master of Bertiaundos, but also because it presents two bodies added on either side, showing the established links to her two children. In the backyard of the Manor you can see a Milestone, from the III century a copy of Roman architecture that was put there upon the extinction of Couto of Bertiaundos by the

lord of the manor. It is a frustoconical, truncated block of granite measuring 2.5 m in height. You resume the route, and shortly after, turn left on Municipal Way 524 until you get to Our Lord of Health. We advise you to visit this spot by going up to the picnic area until you reach the cross with the inscription 1613 at its base. On the right, is the entrance to SA Manor, a private property, the birthplace of the Count of Barca, minister of King John VI. In front of the gate of the manor is the Church Our Lord of Health with varied architectural elements, denouncing the construction of the XX century. Return to the path and follow the signs entering the protected area by way of Louredo, which has identified remains of a late Roman occupation. The path then leads along a considerable extent marked by contact with the natural values of the area, namely and in order of passage, those associated with the Mimoso Pond, the Estorãos River and the lagoon of S. Pedro de Arcos, biotopes that were the origin of the classification of the PA as a wetland of international importance. At both lakes there are observation posts for the observation of species, especially water birds. We recommend a short break. From the observation point of the S. Pedro d'Arcos' pond, we continue along the gangway, an elevated structure made of wood, until you reach a fork you should take, covering an area of rangelands that were for decades maintained by cattle grazing. Leave the bridge, in the boarded up area, dominated by groves of native hardwoods and which will lead you to a paved road that you must follow, turning right. Cross over the Estorãos River and continue forward, through a tunnel of vegetation until you return to the mill ruins and therefore the beginning of the route path.



## Regulation

- Do not leave the marked and signposted route. Pay attention to the markings.
- Avoid making noise and clatter.
- Respect private property.
- Do not leave trash. Leave it in the appropriate collection point.
- Leave nature intact. Do not collect plants, animals or rocks.
- Avoid walking alone. Take water with you.
- Always use appropriate footwear, waterproof sunscreen and a hat.
- On public roads, always circulate with caution.



## Datasheet

**Route name:** Solar Route

**Promoter:** Ponte de Lima Municipality

**Type of Route:** Circular, Small Route

**Route Scope:** Ecological, Historical, Cultural

**Departure point / arrival:**

Esteiro Bridge (Next to the Ponds' Soccer Field)

**Distance Travelled:** 9.26km

**Duration of course:** 4h: 30m

**Degree of Difficulty:** Moderate

**Maximum Quota Reached:** 38 meters

**Texts:** Municipality of Ponte de Lima

**Design:** Xpto Design



## Starting point / finish

41° 45' 52,932" N | 8° 37' 46,777" W

## Points of Interest

1. Esteiro Bridge
2. Bertiandos Manor and Milestone
3. Our Lord of Health
4. Observation Station
5. Mimoso Pond
6. Estorãos River
7. Environmental Interpretation Centre
8. St. Pedro de Arcos' Pond
9. Matthias Mill



**Municipality of Ponte de Lima**  
tel. 258 900 400

**Volunteers' Fire brigade of Ponte de Lima**  
tel. 258 909 200

**Health Center of Ponte de Lima**  
tel. 258 909 280

**Ponte de Lima Hospital**  
tel. 258 909 500

**Tourism Shop of Ponte de Lima**  
tel. 258 240 208

**Protected Area of Ponte de Lima**  
**SOS Ponds:** Cell phone. 963 520 002

Useful Contacts

Altimeter Profile



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