Ponds Eco Trail

The River Lima Eco Trail is an infrastructure that allows you to make a connection between the municipalities of Viana do Castelo and Ponte da Barca, on the right bank of the Lima River and on the left bank, between the municipalities of Viana do Castelo and Ponte da Barca. The eco trail, specially designed for pedestrians and cyclists - save a few exceptions - can be perfectly done on horse, and is divided into four sections: i) Ponds ii) Orange iii) Plains/Valley, and iv) Dams.

The four sections of the eco trail, plainly inserted in the Natura Network, a Site of Community Importance of the Lima River, present as main points of interest the landscape as well as natural values associated to water resources, agricultural areas and activities and the various elements of the historical and cultural heritage examples of which are mills, dams and bridges. At the epicenter of the Eco Trail is the historical center of Ponte de Lima, the oldest village in Portugal.

The section of the Ponds in Ponte de Lima, establishes the connection between the village and the river of Silvareira in Fontão. We begin at the section on the right bank, near the Roman-Goth Bridge. The bridge, which has connected the two shores for more than 2,000 years, is classified as a national monument. A unique work of the Roman Emperor of the time, Octavian Caesar Augustus, it would be augmented in the Middle Ages due to the diverging of the river bed as well as destruction caused by time or war.

Pass by the statue of Decius Brutus facing the soldiers on the other margin, in an attempt to recreate the legend of the Lethe River (forgetfulness). Legend has it that Roman soldiers refused to cross the river, fearing a total loss of memory. Decius Brutus passed the river and called every soldier by name, proving that his memory had remained intact. We continue with the beautiful image of the historic center and the plateaued avenue mirrored in the river. Before the bridge of Our Lady of Guidance we find the facilities of the Nautical Club as well as the International Festival of Gardens (IFG). The IFG, open from May to October, exposes annually, and according to a theme previously defined, where the best gardens are designed by national and foreign artists. Heading into Bertiandos, our senses are focused on the river and its biodiversity, and upon arriving at a small pier, we glimpse the Bertiandos Manor through a avenue surrounded by a sizeable vineyard. Founded in the XV century it is an ex-libris of the north of the country, not only because it has a tower built in 1566 by Inês Pinto, widow of the second master of Bertiandos, but also because it presents two bodies added on either side, showing the established links to her two children. Very close to the manor, is one of the entrance doors to the Protected Area, Bertiandos and St. Pedro de Arcos ponds, a wetland of International importance. It is an important area for the conservation of nature and biodiversity at a regional, national and even international levels, in the case of some species and specific habitats.

We continue towards the Bertiandos woodland leisure area, where the eco trail deviates slightly away from the river in search of the river crossing at Estorãos, the effluent of the Lima River. At the Silvareira brook - point from which the eco trails leads to lands of Viana do Castelo County – we are presented with an agricultural landscape where corn is king in the spring and summer.

Regulation

- Do not leave the Eco Trail. Respect private property.
- Do not leave trash. Leave it in the appropriate collection point.
- Leave nature intact. Do not collect plants, animals or rocks.
- Avoid walking alone. Take water with you.
- Always use appropriate footwear, waterproof sunscreen and a hat.
- Do not exceed 10km / hour. Respect other users.
- Make sure your dogs are properly tied and muzzled.
- During the critical period of fires, do not light fires

Datasheet

Eco Trail name: Ponds Eco Trail
Promoter: Ponte de Lima Municipality
Eco Trail Scope: Sightseeing, Cultural and Historic
Start Location: Along St. Anthony of the Old Tower Church
Place of Arrival: Fontão, where the Silvareira brook disgorges
Circulation: Foot, Bike and Horse
Distance Traveled: 9,01km
Degree of Difficulty: easy
Maximum Quota Reached: 12 meters
Texts: Municipality of Ponte de Lima
Design: Xpto Design
Starting point
41° 46’ 9,907” N  |  8° 35’ 15,330” W

Finish point
41° 44’ 3,739” N  |  8° 39’ 51,898” W

Points of Interest
1. Roman – Goth Bridge
2. St. Anthony of the Old Tower Church
3. Guardian Angel Chapel
4. Lima River
5. International Garden Festival
6. Nautical Club
7. Bertiandos Manor
8. Protected Area of Bertiandos and St. Peter d’Arcos Ponds
9. Lowlands/valleys of Bertiandos and Fontão

Useful Contacts
Municipality of Ponte de Lima
tel. 258 900 400
Volunteers’ Fire brigade of Ponte de Lima
tel. 258 909 200
Health Center of Ponte de Lima
tel. 258 909 280
Ponte de Lima Hospital
tel. 258 909 500
Tourism Shop of Ponte de Lima
tel. 258 240 208
Protected Area of Ponte de Lima
SOS Ponds: Cell phone. 963 520 002

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